

Group Process Questionnaire

source: Based on Quiz in Once upon a team exercise Michael and Maggie Kindred
ISBN 0-9530494-5-0

Please complete individually.

1. What do you think the aim of the VTS afternoon is?

2. To what extent do you think that the members of the group understand this in the way that you do?

A lot										A little
	10	9	8	7	6	5	4	3	2	1

3. List the 5 things that you think are most important to the group

- I.
- II.
- III.
- IV.
- V.

4. To what extent do you think that the group agree with you?

A lot										A little
	10	9	8	7	6	5	4	3	2	1

5. To what extent do you feel a shared sense of purpose?

A lot										A little
	10	9	8	7	6	5	4	3	2	1

6. How far do you feel that different members are pulling in different directions?

A lot										A little
	10	9	8	7	6	5	4	3	2	1

7. To what extent do you feel you "Own" your own team?

A lot 10 9 8 7 6 5 4 3 2 A little
1

8. How far do you think that some members feel out of the group?

A lot 10 9 8 7 6 5 4 3 2 A little
1

9. How committed are you to task and purpose?

A lot 10 9 8 7 6 5 4 3 2 A little
1

10. How committed do you think the rest of the team are?

A lot 10 9 8 7 6 5 4 3 2 A little
1

11. How good are the procedures for getting where you want to be? i.e. activities on VTS for helping you become an excellent GP?

A lot 10 9 8 7 6 5 4 3 2 A little
1

12. Do you think the VTS has enough guidance from the facilitators on how to get the most out of the half day release

A lot 10 9 8 7 6 5 4 3 2 A little
1

13. Are you generally happy with the way decisions have been made on the VTS and in this residential in particular?

A lot 10 9 8 7 6 5 4 3 2 A little
1

14. Is a balance achieved between attaining goals and being supportive?

A lot 10 9 8 7 6 5 4 3 2 A little 1

15. How well do you think the team members manage their time on the VTS?

A lot 10 9 8 7 6 5 4 3 2 A little 1

16. Is there a sense that every one shares responsibility for what happens on the half day release?

A lot 10 9 8 7 6 5 4 3 2 A little 1

17. How much do you think the part you play contributes to the whole team activity?

A lot 10 9 8 7 6 5 4 3 2 A little 1

18. How well do you think that the group members participate in the various aspects of the functioning of the group?

A lot 10 9 8 7 6 5 4 3 2 A little 1

19. How open honest and friendly is the communication?

A lot 10 9 8 7 6 5 4 3 2 A little 1

20. Do you think the group feels safe from an emotional point of view?

A lot A little

10 9 8 7 6 5 4 3 2 1

21. How do you rate the quality of the relationship between members of your team?

A lot A little
10 9 8 7 6 5 4 3 2 1

22. Is there a willingness to look at how members get on or fail to get on with each other?

A lot A little
10 9 8 7 6 5 4 3 2 1

23. Do members listen to the views of other team members – do they really want to hear what is being said?

A lot A little
10 9 8 7 6 5 4 3 2 1

24. Do members feel free to respond when they have listened to what other members have to say?

A lot A little
10 9 8 7 6 5 4 3 2 1

25. How sensitive do you think team members are to each others feelings and needs?

A lot A little
10 9 8 7 6 5 4 3 2 1

26. How well do you think conflict and confrontation are handled with the team?

A lot A little
10 9 8 7 6 5 4 3 2 1

27. How easy is it to express feelings with in the group especially frustration / anger etc

A lot A little
10 9 8 7 6 5 4 3 2 1

28. What level of cooperation between members do you think there is?
A lot 10 9 8 7 6 5 4 3 2 1 A little

29. How competitive do you think members of the group are with each other?
A lot 10 9 8 7 6 5 4 3 2 1 A little